



3 Months:
 First Person \$132.00
 Second Person (same household) 118.00

6 Months:
 First Person 252.00
 Second Person (same household) 227.00

Annual:
 First Person 468.00
 Second Person (same household) 420.00

Personal Training
 Session (1 hour) 65.00
 3 sessions 180.00
 6 sessions 330.00

Massage: 1 hour 65.00
 1 ½ hour 90.00

Daily Gym Guest fee: 7.00
 or 10 visit card 60.00

Drop in class: 12.00
 or 10 class card 100.00

1080 Cypress Ridge Parkway
Arroyo Grande, CA 93420
805-481-1239
CRFitness@att.net

M-Th 7:00a-7:30p
 Fri 7:00a-7:00p
 Sat 8:00a-3:00p
 Sun 9:30a-2:00p

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